



Action Plan for Stroke in Europe 2018–2030

Organised by ESO, in cooperation with SAFE



Setting the Targets for Stroke In Europe in 2030

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Action Plan for Stroke in Europe
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14:30 – 16:00, Hall K1

The need for a new "Helsingborg Declaration"

Implementation of adequate stroke services in Europe in 2018 is unequal and incomplete

Resources for stroke do not match the societal impact and burden of the disease

Investing in NCDs including stroke is a reinvestment to the society

The *Return Of Investment* (ROI) for stroke is excellent

Decision by ESO December 2016 to proceed and develop an extended "third Helsingborg Declaration" in cooperation with SAFE

The European Stroke Action Plan 2018 to 2030 – "the 3rd Helsingborg declaration"

The seven domains of the Action Plan

1. Primary Prevention (*new*)
2. Organization of Stroke Services
3. Management of Acute Stroke
4. Secondary prevention and organized follow-up
5. Rehabilitation
6. Evaluation of Stroke Outcome and Quality Assessment
7. Life after stroke (*new*)

A separate group on
Prioritized Research Areas for translational stroke research.

A basic principle:
The Action Plan is
free from involvement
from industry

>100 persons across
Europe Involved with
the Action Plan



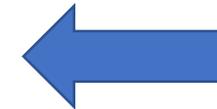
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Action Plan document, for each domain

- 1 State of the art
- 2 State of current services
- 3 Research and Development Priorities
- 4 Targets for 2030



Overarching targets for 2030

- to **reduce the absolute number** of strokes in Europe by **10 %**
- to treat **90 % or more** of all patients with stroke in Europe **in a dedicated stroke unit as the first level of care**
- to have **national plans for stroke** encompassing the entire chain of care from primary prevention to rehabilitation.
- to fully implement **national strategies for multisector public health interventions** to promote and facilitate a healthy lifestyle, and reduce environmental (including air pollution), socioeconomic and educational factors that increase the risk of stroke.

Overall 31 targets set for 2030